



DAVE SHAFER

Tools of the Trade

ON MONDAY, APRIL 8, NATIONAL LINEMAN APPRECIATION DAY, NAVARRO COUNTY ELECTRIC Cooperative honors the employees who keep the lights on. You see them stationed in the sky, in the partial enclosure of a truck's bucket, working diligently to maintain lines and restore power after a storm. What may not be evident from the ground, though, is all the equipment a lineworker needs to do his or her job safely. A lineman's personal protective equipment includes:

- ▶ Fire-resistant clothing that self-extinguishes, limiting injuries from burns.
- ▶ Insulated rubber gloves, often worn with a pair of leather gloves over them to prevent punctures to the rubber beneath.
- ▶ Insulated hard hats worn at all times for protection from falling objects.
- ▶ Steel-toe boots that prevent gouges.
- ▶ Safety goggles that protect against loose debris and other hazards when working on electric lines and rights-of-way.

Linemen also may wear equipment belts, tool pouches, safety straps and other equipment. Those additional items typically weigh about 50 pounds altogether, a heavy burden while negotiating hazardous conditions 40 feet in the air, surrounded by dangerously high voltage.

A less obvious component of the lineworker's experience is all the time and training that goes into preparing for the job. Classroom training programs last a few months, followed by intensive, yearslong apprenticeships that continue training on the job, ensuring that journeyman linemen are ultimately experts at what they do.

Next time you see a lineworker, be sure to thank him or her for their time and dedication in honing their vital skills, along with their selfless application of those skills in service to our community. Our lives would be pretty dim without them!

RECIPE OF THE MONTH



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Bumbleberry Cobbler

- 1 cup blackberries
- 1 cup blueberries
- 1 cup hulled and quartered strawberries
- 1¼ cups sugar, divided use
- ⅓ cup cornstarch
- ½ teaspoon cinnamon
- 1 tablespoon lemon juice
- ½ cup water
- ¼ cup (½ stick) butter, melted
- ½ cup whole-wheat flour
- ½ cup flour
- ¼ teaspoon allspice
- 1½ teaspoons baking powder
- ½ teaspoon salt
- 1 cup milk
- 1 cup sliced almonds

1. Preheat oven to 375 degrees.
 2. Combine berries, ½ cup sugar, cornstarch, cinnamon, lemon juice and water in a pan over medium heat. Cook, stirring occasionally, until mixture thickens, then remove from heat.
 3. In a bowl, combine butter, remaining sugar, flours, allspice, baking powder, salt and milk and mix until smooth. Fold in almonds.
 4. Pour batter into an 8-by-8-inch baking dish. Spoon berry mixture into center of dish. Bake 45 minutes or until pastry top is browned. Allow to cool about 15 minutes before serving.
- ▶ Serves 8.

Find this and more delicious recipes online at TEXASCOOPPOWER.COM

SAVE THE DATE

NAVARRO COUNTY ELECTRIC COOPERATIVE

ANNUAL MEETING

Saturday, May 11 | 10 a.m.
Cook Center at Navarro College in Corsicana

MAKE PLANS TO ATTEND.

Door prizes will be drawn at the close of the meeting.

Look for full details in next month's *Texas Co-op Power*.

Spanish-language and sign language interpreters can be made available at the meeting by notifying the co-op by April 19.



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HAPPY EASTER!
APRIL 21

Navarro County Electric Cooperative will be closed April 19 in observance of Good Friday.

DELJANMIKOLOVA | ISTOCK.COM



**You've Got Friends
in High Places**

Lineman
Appreciation Day
April 8



Navarro County Electric Cooperative

3800 W. Highway 22 • P.O. Box 616
Corsicana, TX 75151

*Operating in Ellis, Freestone, Hill,
Limestone and Navarro counties*

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Contact Us

*For information during office hours
and outages after hours*

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Monday-Friday, 8 a.m.-5 p.m.

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1-855-385-9975 to pay by phone

We no longer take payments over the phone at the office.

